

- Gauze

### 3.3 CONTRAINDICATIONS

- Indigestion
- Excessive Oleation or dryness of the body
- Tiredness due to travelling or physical work or are physically weak
- Patients who are hungry at the time of administration of the basti
- Patients who experience excessive thirst
- Emaciated persons
- Administration of basti immediately after a meal or after intake of fluids
- Immediately following Nasya as it will precipitate mobilization of the Dosha and obstruct the body's channels
- Patients who are angry, in a state of fear or suffering from a transient loss of consciousness
- Persistent vomiting
- Excessive salivation
- In diseases or cases of :
  - i. breathlessness
  - ii. cough
  - iii. hiccups
  - iv. intestinal obstruction
  - v. intestinal perforation
  - vi. ascites
  - vii. distension of abdomen
  - viii. distension of the abdomen due to the accumulation of the undigested food
  - ix. persistent vomiting and diarrhoea
  - x. when the function of the digestive system is low
  - xi. diarrhoea associated with metabolic toxins
  - xii. diabetes mellitus
  - xiii. passing of abnormal urine in abnormal amounts
  - xiv. obstinate skin disorders
  - xv. haemorrhoidal pass
  - xvi. anaemia
  - xvii. giddiness
  - xviii. tastelessness
  - xix. psychological illness
  - xx. state of grief
  - xxi. obesity
  - xxii. dryness of throat
  - xxiii. emaciation due to ulceration within the chest
  - xxiv. pregnant ladies up to 7 months
  - xxv. very young and old persons
  - xxvi. less stool
  - xxvii. swelling around the anus
  - xxviii. females who had premature delivery